## 6. Visit to VISMAY Foundation, Gunjavne village for outreach activity

Dr. Neelambika Meti, elective subject teacher for Nutrition at B.Sc. Sem V, along with six students, Sarthak, Sakshi, Surabhi, Aditi, Monishka (S.Y) & Rutuja (M.Sc.I) had been to "VISMAY" foundation at Gunjavane village, Dist. Pune. They were trained for demonstrating "Vegan Doughnuts making "and also to talk about impact of balanced plant based diet on environment and human health to sixty underprivileged students of village in association with "Smile Wellness Foundation" Pune. All these students were very enthusiastic inn interacting with kids and shared their knowledge in simple local language in fun way. Many games were conducted by them like balloon making in 1 mins. As it was on 23<sup>rd</sup> Jan, just to celebrate Republic day in advance, tricolor balloon were distributed to kids to enjoy the game. Winners were appreciated by distributing prizes. All students, village kids, volunteers of Smile wellness foundation were actively engaged in making donuts with and without chocolate. Also they were tasted along with Healthy breakfast Idli and chutney.

Students participation in exploring wildlife at at VISMAY Foundation, Gunjavane, Pune

Knowledge sharing with village school about balanced plant based diet



Vegan doughnut making session With & without chocolate



Participants with FOUNDER & volunteers of Smile Wellness Foundation



